

# 12 Foundations of Fire Department Training

Find more resources at [www.safetystanddown.org](http://www.safetystanddown.org)

1

**Set goals** for every training, and make the training objectives and expectations clear to all students and instructors.

7

Do everything possible to **ensure the safety and health** of all personnel during training.

2

**Take the time to prepare** instructors, equipment, the training area, and the students for the training they will receive.

8

**Maintain situational awareness** of the training environment at all times and be prepared to intervene to stop unsafe acts or practices.

3

**Assign mentors** to help new members navigate department training, protocols, safety practices, and other aspects of department life.

9

**Acknowledge and accept your responsibilities** for the safety of everyone on the training ground.

4

**Document all training** and conduct an evaluation to get feedback from those involved.

10

All involved need to **know when to say “STOP!”** if the training goes away from the training plan or if safety is in any way compromised.

5

Establish and follow an **annual training plan** that meets the needs of your specific community and the individual firefighter, with relevancy and safety at the forefront.

11

**Properly decon and rehab** after the training and conduct a post training assessment of all personnel who participated to ensure that they were not hurt or injured from the training.

6

**Train like you operate.** Follow recognized standards and organizational SOPs/SOGs. Practice builds consistency, so it is important to train like you operate in order to respond consistently and appropriately.

12

**Incorporate behavioral health training** and resources so members know where to turn if they or another crew member needs support.

